

What do you teach at UNCG?

I teach Movement and Acting. Currently, Resident Movement Director at Triad Stage & serve as a Director for UNCG Productions & other theaters in the area & across the country. Guild Member & recognized Leader in Mindfulness practice Sensory Awareness. I received Lay ordination in Soto Zen Meditation from Hokyoji Monastery, Fukui Japan in 2006 from Abbes Taihaku Priest.

What is your research interest or professional background?

My research and projects utilize the Mindfulness practice: Sensory Awareness with various individuals & groups to enrich persons' experience, process and accomplishments with their attention & efforts. I continue being engaged in the professional goals of a wide range of Theatrical, Health & Mindfulness Communities to provide service in awareness education & engage a thriving world consciousness.

Why did you choose to become a Faculty in Residence (FIR)?

As a Life Long Learner my lifestyle supports the underlining principles for the role of FIR. I love being with students and discovering their worldview through their eyes & exchanging generational experiences. I invite students' to listen to the inner voice inside them that is saying "yes" with permission and possibility to live a healthy, vibrant and authentic life.

I came to UNCG to be among a creative Community that holds one another together in an environment that supports Experiential Learning, the Arts and Mindfulness Practices. My research for many years has been in the arts and fostering training that empowers the ARTs and its value in the culture. For the past twenty years, I have focused on Mindfulness Practices and its integration with traditional and contemporary acting, movement, dance and music techniques/methods as well in Health fields and Religious Studies. This 2013 I will be traveling with a group of students in the Sensory Awareness in Global Action, International Study Abroad Program.

What do you look most forward to for the new academic year?

Living on campus with the students, and being a member of the neighborhood! The daily opportunity to offer programs and informal gatherings with students.

Name 3 things every student should know about you:

- 1. I have an abundant amount of positive energy*
- 2. I love Nature, the Arts, Meditation, and Rock & Roll*
- 3. I still call people on the telephone – because I love hearing the sound of a voice, and with Facetime I get to see my grandson, Beckett, every day.*

Words of Wisdom to Students:

Be kind to yourself & others

Don't waste life

Moment is moment; all there is is now

"Only you can live your life." EE Cummings



Spartan Village Faculty in Residence

Denise Gabriel

*Professor, Theater -
Movement & Acting*

Hometown:

Fremont, Nebraska

Office Location:

*202 Taylor Theater &
106B Haywood Hall*

Apartment Location:

Union Hall

Contact:

*dlgabri2@uncg.edu
336.334.5104*

Roommate(s):

Noelia Haller

Mindfulness Practice:

*Beginning August 28,
I will offer Mindfulness
Practice in the Spartan
Village - FIR Union
Apartment.*

*Every Wednesday
6pm-6:50pm*

*Save the Date:
Faculty in Residence Open House,
September 25th at 5pm*

Getting to Know Your *Faculty in Residence*



What do you teach at UNCG?

I teach Spanish 101, Spanish 315 (Intermediate Composition), and ISL 104 (Global Village Service-Learning Lab).

What is your research interest or professional background?

My research interests are community building, with a focus on African American/White/Latino relations; Latino politics and culture; social justice issues; and literature of the Harlem Renaissance. I have taught Spanish for close to 20 years, and have also taught English in China and Spain. Before becoming a teacher, I worked as an editor of academic articles and fiction.

Why did you choose to become a Faculty in Residence?

I like getting to know my students. I enjoy learning from people with experiences and interests different from my own, as well as sharing my experiences and interests with them. Living in a student community will give me opportunities to do both in an atmosphere that is more informal and personal than the classroom. I also like living near campus because it allows me to attend more campus events, especially evening concerts, plays, and lectures.

What do you look most forward to for the new academic year?

I look forward to helping make Spartan Village a real community, one in which all its members--students, staff, and faculty--feel as if they are both supported by and contributing to the community.

Name 2 things every student should know about you:

- 1) I love to travel, read, walk, explore the city, design (interiors, household objects, books), knit, write, and listen to music--jazz, classical, Latin.
- 2) Although I have a somewhat reserved demeanor, I am a bit of a ham.

Words of Wisdom to Students:

Attending a university can be one of the most broadening, enriching, life-affirming experiences you'll ever have. Take advantage of what UNCG has to offer. When you learn of a campus event, such as a lecture on something that peaks your interest or a play that treats a controversial topic . . . go hear it, see it, talk about it. After you leave the university, your life is likely to become more limited. Opportunities to learn--to be exposed to exciting things--will require more initiative on your part. At UNCG, those opportunities are here for the taking. So take them!

Spartan Village Faculty in Residence

Sarah Carrig

Lecturer, Spanish -
Languages, Literatures
& Cultures

Hometown:

Washington, D.C.

Office Location:

1127 MHRA &
106C Haywood Hall

Office Hours in

Haywood Hall:
Tuesdays & Thursdays
4:00 pm - 5:30 pm

Apartment Location:

Haywood Hall

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Roommate(s):

Joe Carrig, husband
Liza Carrig, daughter

Joaquin Carrig, son,
student at Loyola
University - Chicago



UNCG

Office of Housing
and Residence Life



UNCG

Undergraduate Studies
Office of Learning Communities